

## Free Health Screening for Jurong Residents

**A**t SATA CommHealth's fourth Community Health Day event held on 10 April 2011 at SATA Jurong Medical Centre, some 300 members of the public, mostly residing in Jurong and neighbouring constituencies, received a range of essential health screening tests free of charge. The health screening tests included Body Mass Index, Blood Pressure, Blood Glucose and Cholesterol tests, Chest X-Rays and Physiotherapy assessments. At the same time, female participants at this health-promoting event who are aged 50 years and above also enjoyed a discounted rate of \$25 for mammography service conducted at the medical centre.



Participants registering to receive free health screening on Community Health Day at SATA CommHealth's Jurong Medical Centre.



Guest-of-Honour, Ms Grace Fu (far right) engaging SATA CommHealth resident doctors and CEO, Dr K Thomas Abraham (second from left).

Senior Minister of State for National Development and Education and Member of Parliament for Jurong Group Representation Constituency, Ms Grace Fu graced the occasion as the Guest-of-Honour. The Community Health Day event was staged to highlight the importance of health screening in maintaining lifelong health as well as to bring free and hassle-free health screenings to the door-steps of the community, particularly for the needy and the elderly.



SATA CommHealth Chairman, A/P Mak Yuen Teen presenting a token of appreciation to Guest-of-Honour, Ms Grace Fu.



SATA CommHealth's Board and Management and Yuhua Grassroot Leaders posing with Guest-of-Honour, Ms Grace Fu (front row, fourth from left).

Special arrangements were also made for the needy members of the Al-Mukminin Mosque in Jurong as well as the Yuhua Constituency to have their health checked at this event. †

**ABOUT US**

Since its inception in 1947, SATA CommHealth has evolved over the decades to become a one-stop primary healthcare organisation. It provides a comprehensive range of health screening and general practitioner services at its four medical centres, three mobile clinics for X-rays and health screenings, a Doctors-On-Wheels mobile clinic and a Mammo-On-Wheels mobile mammography service.

**VISION**

To be the leading charity for the advancement of lifelong health in the community.

**MISSION**

Promoting lifelong health, serving the community.

**CORE VALUES**

**C** - Compassion

**R** - Respect

**E** - Excellence

**A** - Accountability

**T** - Teamwork

**E** - Empowerment

**SERVICES**

**General Consultation for:**

- Acute ailments, Chronic diseases

**Specialist Services:**

- Cardiology, Radiology, Respiratory Medicine

**Health Screening Services:**

- Pre-employment, Social Visit Pass, Visa Applications, Work Permit

**Preventive Health Services:**

- Vaccinations, Health Screenings

**Diagnostic imaging:**

- Fluoroscopy, Mammography, Ultrasound, X-ray

**Specialised Tests:**

- Audiometry, ECG, Echocardiography, Industrial tests, Spirometry, Treadmill

**Laboratory services**

**Physiotherapy services**

(only at Bedok and Woodlands)

**MEDICAL CENTRE LOCATIONS**

**Bedok** 351 Chai Chee St S(468982)

**Ang Mo Kio** Blk 715 Ang Mo Kio Ave 6  
#01-4008/4010 S(560715)

**Jurong** Blk 135 Jurong Gateway Rd #04-345 S(600135)

**Woodlands** 900 South Woodlands Dr  
#04-01 Woodlands Civic Centre S(730900)

**EDITORIAL TEAM**

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# SATA CommHealth Renewed DOT Programme with TTSH

Perpetuating its legacy as an advocate for the treatment and prevention of tuberculosis (TB), SATA CommHealth collaborated with the TB Control Unit (TBCU) of Tan Tock Seng Hospital in the Directly Observed Therapy (DOT)/SHOP Programme to incentivise needy patients to complete the full course of TB medicine.



SATA CommHealth's Chairman, A/P Mak (seated second from left) and CEO, Dr Abraham (seated far left) renewed the DOT/SHOP Programme with TB Control Unit's Director, A/P Wang Yee Tang (seated second from right) and Senior Consultant, Dr Cynthia Chee (seated far right).

The first Memorandum of Understanding (MOU) was inked in July 2009 wherein SATA CommHealth set aside \$180,000 for the purchase of grocery vouchers to be given to TB patients who were undergoing the DOT regime at TBCU. Needy patients received a total of between \$300 to \$450 worth of vouchers depending on the treatment period which spanned between 6 to 9 months.

The lower incidence of default, where patients missed a dosage, attested to the efficacy of the DOT/SHOP Programme. This encouraging outcome prompted the renewal of the MOU for another two years.

A/P Mak Yuen Teen, Chairman of SATA CommHealth and A/P Wang Yee Tang, Director of TBCU, renewed their collaborative efforts to combat TB by signing the MOU on 25 March 2011. The renewed MOU provided for funds amounting to \$100,000 per year for the purchase and issuance of grocery vouchers for needy TB enrolled in the DOT/SHOP Programme commencing on 1 January 2011 to 31 December 2012.

Since the commencement of programme in 2009, a total of 434 needy patients were enrolled and have benefitted from the incentive scheme to complete the DOT treatment regime. †



**SATA CommHealth wishes all mothers and fathers a happy and healthy Mother's Day and Father's Day**

## SATA Extends its Community Service to Schools

**A**s part of its on-going effort to reach out to the needy in the community, SATA CommHealth's Community Services arm currently engages primary and secondary schools to identify students from economically disadvantaged background. To help alleviate the healthcare burden for the underprivileged students and their families, free healthcare services will be provided for them at SATA medical centres located in the heartlands.



SATA CommHealth's CEO, Dr K Thomas Abraham and Qihua's Principal, Ms Koh-Ho Sau Peng signing the SATA CommHealth-Qihua Primary School Partnership Agreement.



SATA CommHealth staff conducting an Anti-Smoking Quiz with Qihua Primary school students.

School counselors and form teachers will undertake appropriate means-testing to qualify the needy students and their immediate family members for SATA CommHealth's free healthcare services. The identified beneficiaries are next issue the SATA Healthy Life Card which entitles them to free medical consultation and treatment. School officials estimated that an average of 200 to 300 students per school is expected to qualify as needy to receive this free healthcare service.

This collaborative programme with MOE schools to benefit the needy was first piloted with the Ping Yin Secondary School. Two other schools, Qihua Primary and Evergreen Secondary, have also joined in the programme, with two more currently in the process of finalising the partnership agreement with SATA CommHealth. †



SATA CommHealth representative educating Qihua Primary school students on the dangers of smoking.





## Physiotherapy Services at Bedok & Woodlands

First offered at Woodlands in May 2010, our physiotherapy services are now also available at Bedok to help patients develop, maintain or restore physical and functional ability due to injuries, disease or ageing.

For an appointment, please call our hotline at 6244 6688 or visit [www.sata.com.sg](http://www.sata.com.sg)

|  |   |
|--|---|
| Physiotherapy Services Available:  | <b>Prescription &amp; Training</b><br>Walking Aids<br>Wheelchairs   |
| <b>Pain Management</b><br>Neck and Back<br>Shoulders and Elbows<br>Muscle Strains<br>Sprains           | <b>Neurological Conditions</b><br>Stroke<br>Parkinson's Disease   |
| <b>Treatment for Arthritic Conditions</b><br>Osteoarthritis<br>Rheumatoid Arthritis                    | <b>Falls Prevention</b><br><br><b>Sports Injury Management</b>  |
| <b>Post-Surgical Rehabilitation</b><br>Arthroscopy<br>Knee/Hip/Joint Replacement<br>Amputee Management | <b>Work-related Injury Management</b><br><br><b>Caregiver Training &amp; Education</b><br><br><b>Wellness Programme for the Elderly</b> |

### SATA CommHealth Medical Centres with Physiotherapy Services:

**Bedok**  
351 Chai Chee Street Singapore 468982

**Woodlands**  
900 South Woodlands Drive #04-01 Woodlands Civic Centre Singapore 730900

## Mother's Day Packages 1 May to 30 June 2011

**Package 1: \$260.00**  
(with GST: \$278.20)

- Doctor's Consultation
- Height / Weight / BMI
- Blood Pressure
- Visual Acuity
- Bone Mineral Density
- PAP Smear
- 12 Lead ECG with Rhythm Strip
- Ultrasound Pelvis
- Mammography
- 36 Laboratory Tests:  
Coronary Risk  
Diabetic Screen  
Kidney Screen  
Liver Screen  
Bone Health  
Haematology  
Blood Group Test  
Syphilis Screen  
Thyroid Screen  
Urinalysis  
Occult Blood Test (Stool)

**Package 2: \$170.00**  
(with GST: \$181.90)

- Doctor's Consultation
- Height / Weight / BMI
- Blood Pressure
- Visual Acuity
- Ultrasound Breast
- PAP Smear
- 33 Laboratory Tests:  
Coronary Risk  
Diabetic Screen  
Kidney Screen  
Liver Screen  
Bone Health  
Haematology  
Blood Group Test  
Thyroid Screen  
Urinalysis  
Occult Blood Test (Stool)

(Any service omitted from the package based on the patient's request will not be refunded or exchanged).

### Add-On Tests:

|                         |                      |
|-------------------------|----------------------|
| Chest X-Ray             | \$10.50 (before GST) |
| Cancer Markers (LG 138) | \$65.00 (before GST) |

## Father's Day Package 1 May to 30 June 2011

**\$260.00** (with GST: \$278.20)

- Doctor's Consultation
- Height / Weight / BMI
- Blood Pressure
- Chest X-Ray
- Visual Acuity
- Spirometry
- 12 Lead ECG with Rhythm Strip
- 39 Laboratory Tests:  
Coronary Risk  
C-Reactive Protein  
Diabetic Screen  
Kidney Screen  
Liver Screen  
Bone Health  
Haematology  
Blood Group Test  
Tumour Markers  
Syphilis Screen  
Thyroid Screen  
Urinalysis  
Occult Blood Test (Stool)

(Any service omitted from the package based on the patient's request will not be refunded or exchanged).

### Add-On Test:

|           |                       |
|-----------|-----------------------|
| Treadmill | \$165.00 (before GST) |
|-----------|-----------------------|