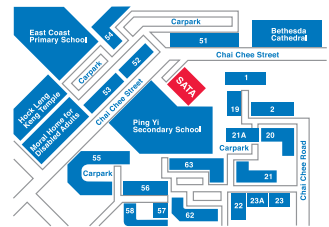
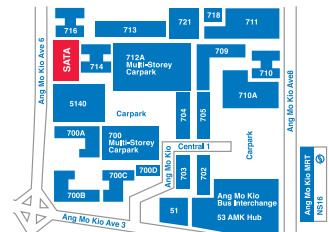


## SATA CommHealth Medical Centres and Clinics



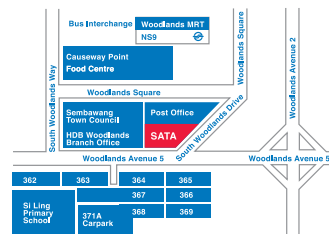
SATA CommHealth Uttamram Medical Centre/Wellness Services  
351 Chai Chee Street  
SATA CommHealth Building S(468982)  
MRT: Bedok Station  
Bus Service: 222 (from Bedok MRT Station Exit A)



SATA CommHealth Ang Mo Kio Medical Centre  
Blk 715 Ang Mo Kio Avenue 6  
#01-4008/4010 S(560715)  
MRT: Ang Mo Kio Station  
Bus Service: 13 86 138 162 851 852 853



SATA CommHealth Jurong Medical Centre  
Blk 135 Jurong Gateway Road #04-345 S(600135)  
MRT: Jurong East Station  
Bus Service: 51 66 78 79 97 143 176 197 333 335 (in front of Blk 134 Jurong East Central)



SATA CommHealth Woodlands Medical Centre  
900 South Woodlands Drive #04-01 Woodlands Civic Centre S(730900)  
MRT: Woodlands Station  
Bus Service: 161 168 169 178 187 856 858 900 900A 901 902 903 911 912 913 925 926 950 960 961 962 963 963E 964 965 966 968 969 (align at Woodlands Regional Bus Interchange)



SATA CommHealth Tanjong Pagar Clinic (Only Lite and Deluxe Packages available here)  
Blk 7 Tanjong Pagar Plaza #02-103 S(081007)  
MRT: Tanjong Pagar Station  
Bus Service: 80 145

## Screen For Early Detection

- **Bone Mineral Density:** To screen for evidence of thinning bones
- **Blood Profile:** To analyse all the different cell components of blood
- **C-Reactive Protein:** To detect inflammatory responses in the body and assess risk of cardiovascular disease.
- **Calcium Profile:** To detect calcium deficiency
- **Chest X-Ray:** To screen for tuberculosis and other lung and heart related problems
- **Consultation:** Detailed medical history, complete physical examination and explanation of results
- **Exercise Stress Test / Treadmill:** To assess response of the heart to stress (exercise)
- **Fasting Glucose:** To detect diabetes
- **Full Lipid Profile:** To assess lipid levels and risk of cardiovascular disease.
- **Kidney Profile:** To assess kidney function
- **Liver Profile:** To assess liver function
- **Mammography:** To screen for breast cancer
- **PAP Smear:** To detect cancer of the cervix at an early stage
- **Spirometry:** To evaluate lung function
- **Stool Occult Blood:** Detect bleeding from the digestive tract that is not obvious to the naked eye. Highly recommended as a screening test for colorectal cancer
- **Syphilis Screen:** To detect likelihood of past / recent syphilis infection
- **Thyroid Profile:** To screen for thyroid gland disorders
- **Tumour Markers:** May be used to help diagnose certain tumours and monitor response to tumour treatment [Note: Due to their low sensitivity and specificity, these tests are not recommended to be used alone for cancer detection]
- **Ultrasound Upper Abdomen:** To assess five major organs in the abdomen, namely the gallbladder, kidney, liver, pancreas and spleen
- **Uric Acid:** To detect gout
- **Urinalysis:** A microscopic examination to screen for routine urinary conditions and early kidney disease
- **Urine Microalbumin / Creatinine Ratio:** To detect early kidney disease



### Pre-screening Preparations

#### Fast the night before

Your health screening appointment is normally scheduled in the morning. Please fast from 10pm the night before. You may drink plain water on the morning of your appointment.

#### Things to bring

NRIC / passport / work permit and your past medical records (up to three years ago), existing medications, vitamin supplements and spectacles (if any).

#### Urinalysis

For ladies, this should be done about three days after the last day of your menstruation.

#### Stool collection

You may collect your stool one day before or on the morning of your appointment. Please collect about two teaspoons of stool sample and place in a small, clean plastic container.

#### PAP smear

This should be done about one week after the last day of your menstruation.

#### Health screening during pregnancy

X-Ray and mammography will not be done for pregnant women.

### Mammography

Do not apply perfume, deodorant, talcum powder or body lotion before your mammography session. Bring along previous mammogram films (if any). Arrange for your session about one week after the last day of your menstruation for best results. Unless there are specific risk factors, mammography is NOT recommended if you are below 40 years old. If you are breastfeeding, you should ideally stop for about 6 months before doing a mammography.

### Treadmill

- Consume a light meal before the test, but abstain from butter, cream, coffee / tea and alcohol.
- Be properly attired; wear jogging shoes, shorts and T-shirt. Ladies should wear a sports brassiere, tube top or any tight T-shirt to prevent excessive breast movement during the run (other types of brassieres are not to be worn during the run).
- Men with hairy chests should shave off their chest hair before coming for the test.
- Please inform the doctor or nurse if you are on drugs such as Digoxin (heart pills), nitroglycerin, betablockers (Propranolol, Atenolol), calcium antagonists and isosorbides.



# HEALTH SCREENING PACKAGES



One Stop Preventive Healthcare Services

To make an appointment, call **6244 6688 (during office hours)** or visit [www.sata.com.sg](http://www.sata.com.sg)

All information is correct at the time of print and is subject to change without prior notice.



## Lite

**\$254.66 (with GST)** \$238 (before GST)

**Consultation**  
**Height / Weight / BMI**  
**Visual Acuity Check**

### Blood Profile

- Haemoglobin
- White Blood Cell
- Differential Count
- PCV
- Platelets
- Red Blood Cell
- Red Cell Indices (MCV, MCH, MCHC)
- Peripheral Blood Film (PBF)
- E.S.R.

### Full Lipid Profile

- Total Cholesterol
- Cholesterol HDL
- Cholesterol LDL
- Cholesterol Total / HDL Ratio
- Triglycerides

### Uric Acid

- Gout

### Thyroid Profile

- Free T4 (FT4)
- Thyroid Stimulating Hormone (TSH)

### Syphilis Screen

- VD Screen (Syphilis TP Ab Screen)
- VDRL (RPR) & TPHA (if Syphilis TP Ab screen is reactive)

**Chest X-Ray**  
**ECG (Electrocardiogram)**

### Liver Profile

- Bilirubin
- Protein
- Albumin
- Globulin
- A/G Ratio
- ALT/SGPT
- AST/SGOT
- Alkaline Phosphatase
- GGT
- Hepatitis Bs Antigen
- Hepatitis Bs Antibody

### Fasting Glucose

- Diabetes
- Stool Occult Blood

### Urine Analysis

- Urine FEME

### Kidney Profile

- Urea
- Creatinine

## Deluxe

**\$329.56 (with GST)** \$308 (before GST)

**Consultation**  
**Height / Weight / BMI**  
**Visual Acuity Check**

### Blood Profile

- Haemoglobin
- White Blood Cell
- Differential Count
- PCV
- Platelets
- Red Blood Cell
- Red Cell Indices (MCV, MCH, MCHC)
- Peripheral Blood Film (PBF)
- E.S.R.

### Full Lipid Profile

- Total Cholesterol
- Cholesterol HDL
- Cholesterol LDL
- Cholesterol Total / HDL Ratio
- Triglycerides

### Uric Acid

- Gout

### Calcium Profile

- Calcium
- Phosphate

### Thyroid Profile

- Free T4 (FT4)
- Thyroid Stimulating Hormone (TSH)

### Syphilis Screen

- VD Screen (Syphilis TP Ab Screen)
- VDRL (RPR) & TPHA (if Syphilis TP Ab screen is reactive)

**Chest X-Ray**  
**ECG (Electrocardiogram)**  
**Spirometry**

### Liver Profile

- Bilirubin
- Protein
- Albumin
- Globulin
- A/G Ratio
- ALT/SGPT
- AST/SGOT
- Alkaline Phosphatase
- GGT
- Hepatitis Bs Antigen
- Hepatitis Bs Antibody
- Hepatitis A IgG Antibody

### Inflammatory Marker

- hs C-Reactive Protein

### Fasting Glucose

- Diabetes

### Stool Analysis

- Stool Occult Blood

### Urine Analysis

- Urine FEME

### Kidney Profile

- Urea
- Creatinine
- Sodium
- Potassium
- Chloride
- eGFR Serum
- Urine Microalbumin
- Urine Creatinine
- Urine Microalbumin / Creatinine Ratio

## Premier

**\$511.46 (with GST)** \$478 (before GST)

**Consultation**  
**Height / Weight / BMI**  
**Visual Acuity Check**  
**Chest X-Ray**

### Blood Profile

- Haemoglobin
- White Blood Cell
- Differential Count
- PCV
- Platelets
- Red Blood Cell
- Red Cell Indices (MCV, MCH, MCHC)
- Peripheral Blood Film (PBF)
- E.S.R.

### Full Lipid Profile

- Total Cholesterol
- Cholesterol HDL
- Cholesterol LDL
- Cholesterol Total / HDL Ratio
- Triglycerides

### Uric Acid

- Gout

### Calcium Profile

- Calcium
- Phosphate
- Rheumatoid Factor

### Thyroid Profile

- Free T4 (FT4)
- Thyroid Stimulating Hormone (TSH)

### Syphilis Screen

- VD Screen (Syphilis TP Ab Screen)
- VDRL (RPR) & TPHA (if Syphilis TP Ab screen is reactive)

**ECG (Electrocardiogram)**  
**Spirometry**  
**Exercise Stress Test / Treadmill**

### Liver Profile

- Bilirubin
- Protein
- Albumin
- Globulin
- A/G Ratio
- ALT/SGPT
- AST/SGOT
- Alkaline Phosphatase
- GGT
- Hepatitis Bs Antigen
- Hepatitis Bs Antibody
- Hepatitis A IgG Antibody

### Inflammatory Marker

- hs C-Reactive Protein

### Fasting Glucose

- Diabetes

### Stool Analysis

- Stool Occult Blood

### Urine Analysis

- Urine FEME

### Kidney Profile

- Urea
- Creatinine
- Sodium
- Potassium
- Chloride
- eGFR Serum
- Urine Microalbumin
- Urine Creatinine
- Urine Microalbumin / Creatinine Ratio

## Elite (Male)

**\$661.26 (with GST)** \$618 (before GST)

**Consultation**  
**Height / Weight / BMI**  
**Visual Acuity Check**  
**Chest X-Ray**

### Blood Profile

- Haemoglobin
- White Blood Cell
- Differential Count
- PCV
- Platelets
- Red Blood Cell
- Red Cell Indices (MCV, MCH, MCHC)
- Peripheral Blood Film (PBF)
- E.S.R.

### Full Lipid Profile

- Total Cholesterol
- Cholesterol HDL
- Cholesterol LDL
- Cholesterol Total / HDL Ratio
- Triglycerides

### Uric Acid

- Gout

### Calcium Profile

- Calcium
- Phosphate
- Rheumatoid Factor

### Thyroid Profile

- Free T4 (FT4)
- Thyroid Stimulating Hormone (TSH)

### Syphilis Screen

- VD Screen (Syphilis TP Ab Screen)
- VDRL (RPR) & TPHA (if Syphilis TP Ab screen is reactive)

**ECG (Electrocardiogram)**  
**Spirometry**  
**Exercise Stress Test / Treadmill**  
**Ultrasound Abdomen**

### Liver Profile

- Bilirubin
- Protein
- Albumin
- Globulin
- A/G Ratio
- ALT/SGPT
- AST/SGOT
- Alkaline Phosphatase
- GGT
- Hepatitis Bs Antigen
- Hepatitis Bs Antibody
- Hepatitis A IgG Antibody

### Inflammatory Marker

- hs C-Reactive Protein

### Fasting Glucose

- Diabetes

### Stool Analysis

- Stool Occult Blood

### Urine Analysis

- Urine FEME

### Kidney Profile

- Urea
- Creatinine
- Sodium
- Potassium
- Chloride
- eGFR Serum
- Urine Microalbumin
- Urine Creatinine
- Urine Microalbumin / Creatinine Ratio

## Elite (Female)

**\$789.66 (with GST)** \$738 (before GST)

**Consultation**  
**Height / Weight / BMI**  
**Visual Acuity Check**  
**Chest X-Ray**  
**ECG (Electrocardiogram)**

### Blood Profile

- Haemoglobin
- White Blood Cell
- Differential Count
- PCV
- Platelets
- Red Blood Cell
- Red Cell Indices (MCV, MCH, MCHC)
- Peripheral Blood Film (PBF)
- E.S.R.

### Full Lipid Profile

- Total Cholesterol
- Cholesterol HDL
- Cholesterol LDL
- Cholesterol Total / HDL Ratio
- Triglycerides

### Uric Acid

- Gout

### Calcium Profile

- Calcium
- Phosphate
- Rheumatoid Factor

### Thyroid Profile

- Free T4 (FT4)
- Thyroid Stimulating Hormone (TSH)

### Syphilis Screen

- VD Screen (Syphilis TP Ab Screen)
- VDRL (RPR) & TPHA (if Syphilis TP Ab screen is reactive)

**Spirometry**  
**Exercise Stress Test / Treadmill**  
**Ultrasound Abdomen**  
**PAP Smear**  
**Mammogram**

### Liver Profile

- Bilirubin
- Protein
- Albumin
- Globulin
- A/G Ratio
- ALT/SGPT
- AST/SGOT
- Alkaline Phosphatase
- GGT
- Hepatitis Bs Antigen
- Hepatitis Bs Antibody
- Hepatitis A IgG Antibody

### Inflammatory Marker

- hs C-Reactive Protein

### Fasting Glucose

- Diabetes

### Stool Analysis

- Stool Occult Blood

### Urine Analysis

- Urine FEME

### Kidney Profile

- Urea
- Creatinine
- Sodium
- Potassium
- Chloride
- eGFR Serum
- Urine Microalbumin
- Urine Creatinine
- Urine Microalbumin / Creatinine Ratio

## Optional Tests

The following tests are available upon request and can be added to your screening packages. SATA CommHealth doctor's endorsement may be required.

### Tumour Markers for Male<sup>+</sup>

#### Tumour Markers A

- AFP
  - CEA
  - PSA
- Colorectal, Liver, Lung, Oesophageal, Pancreatic, Prostate, Stomach and Thyroid Cancers.

**\$58.85**

#### Tumour Markers B

- AFP
  - CEA
  - PSA
  - Beta HCG Subunit
  - CA 19.9
  - Stool Occult Blood
- Colorectal, Germ Cell, Liver, Lung, Oesophageal, Pancreatic, Prostate, Stomach, Testicular and Thyroid Cancers.

**\$101.65**

### Tumour Markers for Female<sup>+</sup>

#### Tumour Markers E

- AFP
  - CEA
  - CA 125
- Breast, Colorectal, Liver, Lung, Oesophageal, Ovarian, Pancreatic, Stomach and Thyroid Cancers.

**\$74.90**

#### Tumour Markers C

- AFP
  - CEA
  - CA 125
  - Beta HCG Subunit
  - CA 19.9
- Breast, Colorectal, Germ Cell, Liver, Lung, Oesophageal, Ovarian, Pancreatic, Stomach and Thyroid Cancers.

**\$96.30**

#### Tumour Markers D

- AFP
  - CEA
  - CA 125
  - CA 19.9
  - CA 15-3
  - Stool Occult Blood
- Breast, Colorectal, Germ Cell, Liver, Lung, Oesophageal, Ovarian, Pancreatic, Stomach and Thyroid Cancers.

**\$112.35**

### Women's Health

#### Mammogram

**\$90.95**

#### Pap Smear

**\$42.80**

#### Bone and Joint

#### DEXA BMD\*

**\$104.86**

\*Only available at SATA CommHealth Woodlands Medical Centre

### Vaccinations

#### Hepatitis A Vaccination

**\$88.81/ dose**

#### Hepatitis B Vaccination

**\$31.03/ dose**

#### Hepatitis A & B (Twinrix) Vaccination

**\$97.37/ dose**

#### Flu Vaccination

**\$32.10/ dose**

### Others

#### Treadmill

**\$211.86**

#### HIV Test

**\$19.26**

Terms & conditions apply. The above packages are available at all of our medical centres (Tanjong Pagar Clinic accepts Lite and Deluxe packages only). The prices and content of the packages indicated herein are subject to revision from time to time at the sole discretion of SATA CommHealth without prior notice. Customers are advised to check the prevailing prices and content of their health screening packages on the day of health screening. Items declined in the above packages will not be refunded or exchanged.

To make an appointment, call **6244 6688** (during office hours) or visit **www.sata.com.sg**

 sata.comhealth

 sata-commhealth

\* Requires doctor's advice due to low sensitivity and specificity. Not recommended to be used alone for routine health screening.

For other tests, please call our Hotline 6244 6688 or approach the registration counter at the medical centres. Prices stated above are inclusive of GST.