sata CommHealth

PROMOTING

Lifelong Health

SERVING

The Community

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Promoting Lifelong Health, Serving the Community

In 1947, a team of doctors, businessmen and philanthropists founded a charity that remained active in promoting healthy hearts and lungs throughout the 1970s and 1980s. Originally named SATA, the organisation rebranded itself as SATA CommHealth in 2009 to reflect its expanded focus on community healthcare.

Presently, SATA CommHealth has eight medical centres located across Singapore's heartlands, as well as three mobile x-ray units, one Mammo-On-Wheels (mobile mammography service) vehicle and a Doctors-On-Wheels service. It also has Day Rehabilitation Centres to provide physiotherapy and occupational therapy services.

We also serve communities with our Homecare Services – these include medical, nursing and personal care services. The organisation's mission of promoting lifelong health, serving the community, strives to continue to develop innovative solutions for meeting the healthcare needs of our communities – especially the needy and disadvantaged.

In 2018, we were awarded with the

CHARITY TRANSPARENCY AWARDS 2018

CHARITY GOVERNANCE AWARDS 2018

Community Services

The changing demographics and fluctuating disease patterns in Singapore present constantly evolving demands that SATA CommHealth responds to. To support our nation's ageing and vulnerable population, we have revolutionised the way we serve the community.

We offer a broad range of services, including Doctors-On-Wheels (DOW), care programmes, homecare services, rehabilitation services, preventive healthcare services and health education. We also actively collaborate with – and offer our services to – grassroots organisations, religious and community-based associations, and other voluntary welfare organisations (VWOs).

To date, our resources have enabled us to achieve about 51,028 community interactions.

Find out more

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Doctors-On-Wheels

Doctors-On-Wheels (DOW) is a community initiative that was launched by SATA CommHealth in 2007.

The goal is to provide free and subsidised medical treatment to the disadvantaged elderly and frail in the community. They are identified as living in a 1 or 2-room HDB rental flat and being unable to seek medical care. We also serve those staying in studio apartments under the Pacific Healthcare Senior Activity Centres and sheltered home beneficiaries.

The DOW team consists of a doctor and nurses who provide medical services for acute conditions and monitor chronic illnesses. The team also runs client education programmes during site visits. DOW operates 4 days a week, serving at least 20 clients per session.

In 2018, **DOW attended to more than 2,000 patient** visits across the country.

Find out more

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Homecare Services

In 2012, SATA CommHealth Homecare Services was established to support Singapore's aging population – with the objective of improving the quality of life for Singapore's needy and physically challenged elderly.

In addition to being a one-stop provider for affordable home care services and supplies, SATA CommHealth Homecare Services also provides basic support and training to caregivers – with the aim of integrating healthcare, social support and personal care for the poor and vulnerable elderly.

Our Homecare Services support patients who have been discharged from hospital requiring personalised medical care at home. The team also facilitates step-down care to institutions, with the aim of reducing the possibility of readmissions – by helping patients on their path to recovery.

In 2018, **we served over 3,300 patient** episodes via our Homecare Services.

Find out more

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Preventive Healthcare Services

To promote lifelong health, SATA CommHealth offers mobile health screening services to the beneficiaries and staff of various community clubs, grassroots organisations, religious, special interest groups and other voluntary welfare partners.

Our Mobile Medical Services – a fleet of three buses equipped with x-rays, as well as a mammography-fitted bus – are fitted with wheelchair-lifts and a variety of screening tools (such as audiometry and digital retinal photography equipment) to provide holistic and effective health screenings.

Find out more

Care Programmes

SATA Cares Programme

Under the SATA Cares programme, SATA CommHealth provides additional subsidy on top of a patient's CHAS subsidy. We help eligible CHAS cardholders to receive affordable medical care, with low out-of-pocket expenses.

School Medical Assistance Scheme

This scheme provides free medical consultation, medication and tests for acute/chronic medical conditions (as ordered by SATA CommHealth doctors) to needy students and their immediate families, as well as students on the Ministry of Education's Financial Assistance Scheme.

Find out more

Health Education

In an effort to reach out to students, SATA CommHealth provides health education programmes to schools. We believe this is an effective strategy for preventing major health and social problems, as schools play a major role in the development of students.

Our structured smoking prevention programmes – consisting of talks at school assemblies, smoking intervention workshops and smoke-free exhibitions – are among our most successful school programmes. These programmes positively influence primary and secondary school students to adopt healthy, smoke-free lifestyles.

In 2018, our school health education programmes **reached close to 40,000 students.**

Find out more

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Rehabilitation Services

SATA CommHealth offers a wide range of rehabilitative services – including occupational therapy and physiotherapy sessions – for patients who have sustained injuries like strokes and fractures, or who suffer from pain in the neck or back.

These services are provided at subsidised rates, based on the financial background of individual patients – with elderly patients getting free physiotherapy services. Looking ahead, the range of services are likely to include more home-based therapies, home assessments and community integration – so patients will not have to transit from one provider to another (even as their conditions change).

Transportation for aged and wheelchair-bound patients is more convenient than ever, thanks to generous donations by the Lee Foundation (who donated a 24-seater bus) and the Loyang Tua Pek Kong temple (with their donation of a 10-seater van). Both vehicles are equipped with wheelchair lifts to transport needy patients to physiotherapy sessions, and then back home.

Find out more

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Community Hub @ Fernvale

An initiative by SATA CommHealth, the Community Hub was launched in January 2019 to serve the residents of Fernvale (Sengkang) as well as residents living in the surrounding rental apartments. The hub is a "one-stop location" where residents can check their bio/psycho/social/financial health at various stages of their lives. The team uses the "River of Life" (life cycle) care model, which is underpinned by four key pillars, namely integrated care, continuum of care, client-centric care and the population health approach.

To achieve its objectives, the Community Hub taps on SATA CommHealth's wide range of services – including home-based services, Doctors-On-Wheels, and more. Additionally, the Community Hub leverages on inter-agency collaborations to cover any gaps that exist in its offerings.

To date, the Community Hub has served 955 unique beneficiaries and conducted many workshops/talks on various topics relating to health, social and financial literacy.

SATA CommHealth Medical Centres & Services

- Ang Mo Kio • Uttamram (Bedok) • Boon Lay • Jurong
- Potong Pasir • Tampines • Woodlands • Community Hub (Sengkang)
- Homecare/Doctors-On-Wheels/Mobile Medical Services

Hotline 6244 6688

Website www.sata.com.sg

sata.commhealth

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