sata CommHealth

E-NEWS

November 2020 | Issue 5

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6244 6688

We are
HERE TO CARE

The Gift of Good Health

In this issue, we have included another testament of our "Here To Care" brand essence, via the showcase of our pandemic response work done from February to September and it's still ongoing.

This month, we are also proud to announce we have nine silver award winners for the Community Care Excellence Awards 2020.

The COVID-19 pandemic has taught us that we should not take anything for granted, especially our health. During this festive season, do make arrangements to go for health screening if you have not done so. For more choice options, we have several packages for you to choose from.

Read on further to find out more!

Another Testament of
we are *Here To Care*

Covid-19 is an unprecedented global health crisis. In line with our commitment to care for seniors and the vulnerable, our team of more than 60 staff collaborated with public healthcare providers and charitable organisations to battle the pandemic. From February to September 2020, we cared for migrant workers in the dormitories and supported community efforts to reduce the spread of Covid-19. We are proud to play our part in helping keep Singapore safe and healthy.

#SGUnited #heretocare #satacommhealth

Numbers of X-rays Done

3,937 Singapore Expo

331 Public Hospitals

Numbers of Swabs and Serology Tests Done

23,965 Patients have received Serology Tests via our Mobile Medical Services

1,051 Centre-based Swab and Serology

1,365 Dormitories

123 Mobile Swab and Serology at Migrant Workers Sites

1,032 Community Care Partners

436 PHPC and SASH walk-in patients

Community Care Excellence Awards 2020

We are proud to announce that a total of 9 staff from SATA CommHealth have received silver awards under the individual category for the Community Care Excellence Awards 2020.

Community Care Excellence Awards - Individual Awards recognise outstanding individuals who have displayed excellent service standards and made significant contributions both within and outside their organisation. A certificate of award was also presented to SATA CommHealth for supporting the exemplary performance of the Community Care Excellence Awards 2020 Recipients in the organisation.

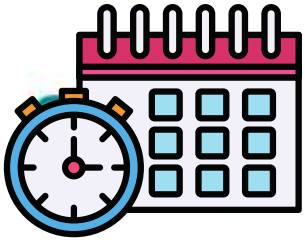
Congratulations to the following silver awardees announced during the virtual event organised by Agency for Integrated Care - AIC Singapore. The awards were presented by Chief Operating Officer Mr Tan Kee Guan and the relevant Head of Departments.

Ms Betty Mattew - Principal Radiographer
Ms Tay Hai Hiok Grace - Senior Radiographer 11
Mr Reuben James Yzelman - Radiographer
Mdm Norliaa Binte Yang Rozali - Senior Patient Service Officer
Mdm Felicia Yeo Choon Tee - Senior Clinical Service Associate
Ms Nadia Binte Abdul Latiff - Enrolled Nurse
Ms Yu Yanhua – Staff Nurse
Ms Lai Man Ru – Therapist Assistant
Ms Chung Ming Yi - Senior Therapy Assistant

Treasure Your Greatest Gift

Please call 6244 6688 to book an appointment today.
To learn more about our various health screening packages, visit www.sata.com.sg/hsp

Protect Yourself By Getting Vaccinated Today!



VACCINATION: THE POWER TO PROTECT

FLU | TRAVEL | PNEUMOCOCCAL

Are you sure that you and your family are truly safe? Feeling well today does not mean that you are immune to diseases. Jabs from childhood may require booster shots. The seniors are also especially susceptible to lung infections.

SATA COMMHEALTH CARRIES AN EXTENSIVE VARIETY OF VACCINES WHICH INCLUDE:

- Anti-tetanus
- Chicken pox
- Cholera
- Diphtheria, pertussis, and tetanus
- Hepatitis A
- Hepatitis B
- Human papillomavirus
- Influenza
- Japanese encephalitis
- Measles, Mumps, Rubella
- Meningococcal disease
- Pneumococcal disease
- Polio
- Shingles
- Typhoid
- Yellow fever

WE PROVIDE HIGHLY SUBSIDISED VACCINATIONS FOR HOLDERS OF THESE CARDS:

Pioneer Generation (PG)

Merdeka Generation (MG)

CHAS Blue

CHAS Orange

Public Assistance (PA)

Protect yourself well.
Please call 6244 6688 for more information or to book an appointment.

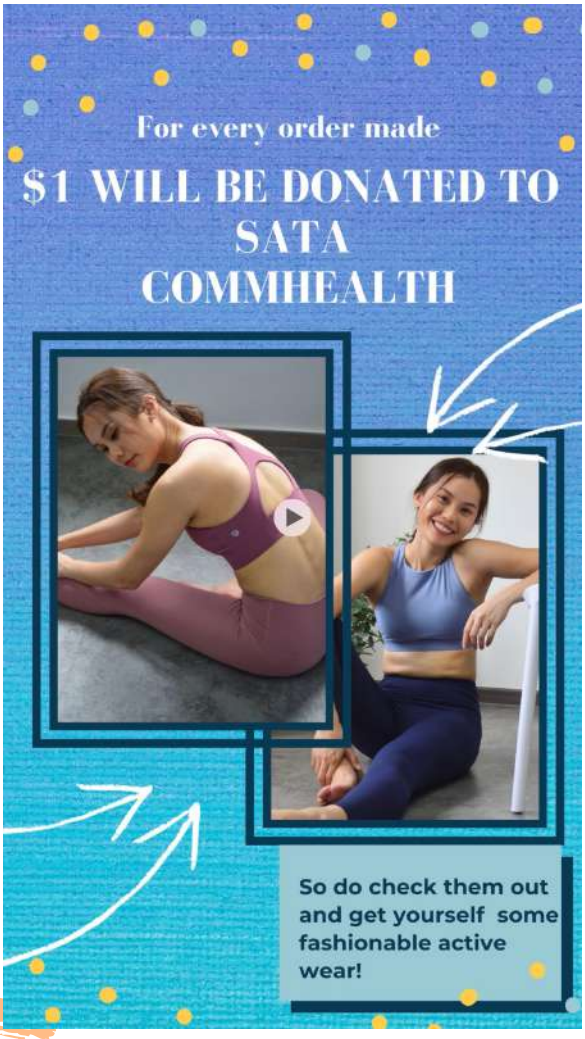
Fundraising with local start-ups

Thanks to Grams.sg for the collaboration in the month of November, where 10% of their bundle box sales will be donated to support the seniors and vulnerable in the community!

Each bundle box costs $25.00 and would consist of:

- chocolate fudge brownie (large) x2
- dark chocolate sea salt brownie (large) x2
- mochi cookie x2
- banana walnut bread x2

Do check out their website to find out more! Have a sweet November!



Thanks to Anya Active for extending one more month of collaboration with us to help drive donations for the seniors and vulnerable in the community.

For the month of November, they are donating $1 for each order made to SATA CommHealth!

Find out more about their activewear at their website, and give them your support too!

Here To Care:
Homecare & Doctors-On-Wheels Team

Meet our friends, Mr Chew, Mdm Vallimen, and Mdm Lim, who are essentially our patients whom our Homecare Services team has reached out to.

Mr Chew and Mdm Vallimen both require assistance in their daily activities, especially Mdm Vallimen who suffers from dementia and has frequent falls. As their main caregivers can only provide limited care due to the medical issues they are facing themselves, our team has stepped in to show the care, support and guidance they need. They bathe Mr Chew and Mdm Vallimen, talk to them, as well as cheer them up every visit so that they do not feel helpless or lonely.

Before receiving the services of our team, Mdm Lim had been living with bed bugs. Our team ensured that her home was then fumigated to eliminate all bed bugs so that she can live peacefully in her own home.

Mr Chew, Mdm Vallimen, and Mdm Lim have received much friendship and joy from our staff. Your kind donations will enable us to continue supporting and befriending many more patients like them.
Find out more here.

Doctors-On-Wheels (DOW) programme helps those who face difficulties travelling or affording medical services to receive proper health care where they are.

As a community initiative that brings free or subsidised medical care to the community, DOW relies on your continued support to fulfil our mission.

With your kind donations, our DOW team can continue to provide accessible and professional medical care for the seniors and the vulnerable.

Give a little, help a lot.
www.giving.sg/sata-commhealth/dowcare

VACCINATION:
THE POWER TO PROTECT

Are you sure that you and your family are truly safe? Feeling well today does not mean that you are immune to diseases. Jabs from childhood may require booster shots. The seniors are also especially susceptible to lung infections.

Find out more about influenza and pneumococcal vaccination packages here.

INFLUENZA VACCINATION PACKAGE

Influenza is a viral infection that attacks your respiratory system — your nose, throat and lungs. Influenza is commonly called the flu.

Who Should Get It?

- Adults with chronic diabetes, hypertension, lipid disorders, kidney and heart diseases.
- Children between the ages of 6 months and 5 years.
- Frequent travellers
- Pregnant ladies
- Persons above 65 years of age

How often should I get vaccinated?
Once a year

PNEUMOCOCCAL 13 & 23 VACCINATION PACKAGE

Pneumococcal disease (PD) is caused by a bacterium called Streptococcus pneumonia, which is also known as pneumococcus. Pneumococcus can attack different parts of the body and cause serious infection of the following systems:

- Lungs (pneumonia)
- Blood (bacteraemia)
- Coverings of the brain and spinal cord (meningitis)
- Middle ear (acute otitis media)

Who Should Get It?

- Adults 65 years and older

How Often Should I Get Vaccinated?
Seniors to take PCV-13 first, and PPSV-23 one year after

VACCINATION:
THE POWER TO PROTECT

FLU | PNEUMOCOCCAL

SATA CommHealth offers a wide range of vaccinations to the community for general well-being, statutory check-ups and travel to protect against common diseases. It is necessary to boost your immunity against potential infections that may make you vulnerable.

We provide highly subsidised vaccinations for holders of these cards:

Find out more here.

Or call 6244 6688 for more information or to book an appointment.